



Table of Contents

THESIS

- ★ **A Comparative Study of Clinical and Functional Outcomes of ACL reconstruction: Remnant Preserving Versus Remnant Sacrificing Techniques**
Nilay Kumar, Parag Sancheti, Kailas Patil, Sunny Gugale, Sahil Sanghavi, Yogesh Sisodia, Obaid UI Nisar, Darshan Sonawane, Ashok Shyam
- ★ **A Retrospective study on Clinical and Functional Outcomes of Arthroscopic Bankart's Repair Surgery for Traumatic Shoulder Instability**
Murtaza Juzar Haidermota, Ashutosh Ajri, Nilesh Kamat, Ishan Shevte, Darshan Sonawane, Ashok Shyam, Parag Sancheti
- ★ **A Prospective Cohort Study on Philos Plating for Proximal Humerus Fractures: Functional and Radiological Outcomes**
Dhruv Verma, Chetan Pradhan, Atul Patil, Chetan Puram, Darshan Sonawane, Ashok Shyam, Parag Sancheti

★ HYPOTHESIS

- ★ **Proprioceptive Enhancement Hypothesis: Evaluating Early Joint Position Sense and Balance in Adults Receiving Remnant Preserving versus Standard ACL Reconstruction—A Single Center Pilot Trial**
Nilay Kumar, Parag Sancheti, Kailas Patil, Sunny Gugale, Sahil Sanghavi, Yogesh Sisodia, Obaid UI Nisar, Darshan Sonawane, Ashok Shyam
- ★ **Biomechanical Hypothesis for Inferomedial Calcar Screw Augmentation to Prevent Secondary Varus Collapse in Osteoporotic PHILOS-Plated Proximal Humerus Fractures**
Dhruv Verma, Chetan Pradhan, Atul Patil, Chetan Puram, Darshan Sonawane, Ashok Shyam, Parag Sancheti